

Therapist Covid19 Checklist

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Before collecting client

1. Open windows when possible in saloon and bathroom
2. Replace any used bin liners
3. Remove/cover furnishings with wipable covering
4. Tie hair back
5. In awning plastic box plus lid for possessions
6. Disposable mask ready for client
7. Consultation form, to sign and tick as appropriate
8. Hand sanitiser in the awning to both use before entry

Hand sanitising station on shelf to the left immediately inside Naiad – including

9. Hand sanitiser for client use
10. Pack/box of tissue
11. Bottled water on request

On the other side have ready –

12. Mask ready for therapist
13. Visor
14. Treatment messages book and pen
15. Separate hand sanitiser
16. Water for therapist

Treatment table –

17. Cover with light cloth/microfibre towel
18. Cover wipeable bolster cushion with couch roll
19. Cotton cover for client/microfibre towel
20. Other small towels/cloths to adjust for comfort

21. Place lined pedal bin in treatment space

22. Wipeable seating stool placed at head of the table

Pre-client/set up/wipe down cleaning list

23. All bathroom surfaces, handwash bowl and taps, rinse toilet, flush button, walls and hard surfaces, pedal bin
24. Remove any fabric towels or flannels
25. Check and refresh paper towels, hand sanitiser, disinfectant spray/wipes
26. Cover with plastic any bench seating left in situ in the saloon
27. Remove unnecessary home related items from treatment area
28. Wipe handrail into the saloon, the door handle into the boat, the ladder sides used for access onto the boat
29. Vacuum carpet
30. Steam clean/wash any cloth coverings



Collecting client

31. Use anti-bac wipe to open the access gate
32. Maintain as much as possible 2 metres distance
33. Therapist enter awning space first
34. Therapist use hand sanitiser in the awning
35. Therapist put on mask, shows client where to place belongings in boxes provided
36. Client to use hand sanitiser in the awning
37. Client signs Consultation/Covid check form
38. Client wears mask
39. Therapist enters the boat, puts on mask and visor then client enters

During the treatment

40. Both to use hand sanitiser before treatment commences, and after the session in the awning
41. Physical contact to be kept to a minimum
42. Gloves will be worn if requested
43. Time spent around the head area to be reduced
44. Time within the boat for a treatment to be within 1 hour
45. Reiki messages to be relayed in the awning - outside space

During Training

46. 1 client maximum, or clients if same household
47. Maintain 2 metres distance on the long seating bench
48. Space to be ventilated hourly
49. Attunement process adapted to be COVID safe
50. Masks and visors to be worn for practise element of the training
51. Regular breaks outside will be incorporated

Subject to revision as guidance and practise evolves

Updated 6th April 2021

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